



## **BOWLING WORKSHOPS**

SingaporeBowling is proud to have Del Warren and John Janawicz from the Kegel Training Centre (USA) to conduct informative workshops

### Workshop 1 – (10am to 12pm)

### **Understanding How & Why a Lane Transitions and the Myth of Carry Down.**

#### Del Warren

- Vice President of the Kegel Training and Tournament Center
- USBC Gold Level Certified Coach
- Bowlers Journal International Top 100 Coach
- Has 35 sanctioned 300 games and twelve 800 series to his credit

### Workshop 2 – (2 pm to 4pm)

### **Modern Ball Motion – Matching the Ball with the Lanes and You!**

#### John Janawicz

- USBC Bronze Level Certified Coach
- 1991 Bowlers Journal International Singles Champion
- 2004 ABC Championship Singles and All-Events Champion (858 in Singles is still the highest series in the 106 year history of the ABC/USBC Championships)
- 2007 and 2008 Team USA member
- 3 Gold (Singles, Trios, Team) and a Silver Medal (Masters) in the 2007 PABCON American Zone Championships in Guatemala City, Guatemala
- 5 Gold Medals and a Silver Medal at the 2008 PABCON Championship of the Champions in San Salvador, El Salvador
- Member of 2008 PABCON Federation Team Cup Champions in Barcelona, Spain

**Date: Saturday, 23 May 2009**

**Fees - \$30 per workshop**

**Venue – Singapore Bowling Federation**

### **PARTICIPANT'S PARTICULARS**

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ Singapore \_\_\_\_\_

CONTACT NOS.: \_\_\_\_\_ (Hm/Ofc) \_\_\_\_\_ (H/P.) \_\_\_\_\_ (Email)

Please fax Entry Form to SBF at 6440-7488 by **20 May 2009**. Entries are based on a first-come-first served basis due to limited seats. Payment MUST be made before the closing date by cheque (crossed and made payable to "SINGAPORE BOWLING FEDERATION").

**Organised by: Singapore Bowling Federation**

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